



































Lunch Menu

Commack Elementary Schools

June 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Egg and Cheese Sandwich  Sweet Corn Cucumber Coins Papaya Fresh Strawberries</p> <p>National Egg Day</p> 	<p>4 Grilled Cheese Sandwich  Green Beans Fresh Baby Carrots Fresh Blackberries Fresh Green Grapes</p> 	<p>5 Fluffy Whole Grain Waffles  With Light Mozzarella Cheese Stick Roasted Butternut Squash Green Pepper Slices Dragon Fruit Strawberry Cup</p> 	<p>6 Homemade Baked Pasta with Cheese  Baked Beans Fresh Baby Carrots Fresh Blueberries Watermelon Slices</p> 	<p>7 Classic Cheese Pizza   Steamed Zucchini Side Garden Salad Starfruit Guava</p> <p>FUN FRIDAY!</p> 
<p>10 Pizza Bagel   Sweet Corn Cucumber Coins Guava Fresh Peach</p> <p>Lucky Tray Day!</p>   	<p>11 Grilled Cheese Sandwich  Green Beans Fresh Baby Carrots Fresh Blackberries Watermelon Slices</p> 	<p>12 Fluffy Whole Grain Pancakes  With Light Mozzarella Cheese Stick Roasted Butternut Squash Green Pepper Slices Fresh Melon Cup Fresh Strawberries</p>   <p>Find the sticker on the bottom of the milk and receive a free smart snack</p>	<p>13 Chicken Nuggets With Whole Wheat Dinner Roll Baked Beans Crispy Potato Puffs Orange and Pineapple Cup Papaya</p>  <p>FUN FRIDAY!</p>	<p>14 Classic Cheese Pizza   Steamed Carrots Side Garden Salad Fresh Blueberries Dragon Fruit</p> <p>FUN FRIDAY!</p>
<p>17 Homemade Waffles   Sausage Patty Sweet Corn Cucumber Coins Mango Cup Guava</p> <p>Guest Chef</p> 	<p>18 Cheesy Stuffed Bread Sticks  With Marinara Sauce Dip Steamed Broccoli Fresh Baby Carrots Pineapple Dragon Fruit</p> 	<p>SCHOOL CLOSED TODAY</p>	<p>20 Crispy Popcorn Chicken With Whole Wheat Dinner Roll Baked Beans Crispy Potato Puffs Strawberries Papaya</p> 	<p>21 Classic Cheese Pizza   Steamed Carrots Side Garden Salad Starfruit Applesauce</p> <p>FUN FRIDAY!</p>
<p>24 Half Day No Lunch Served</p>	<p>25 Half Day No Lunch Served</p>	<p>26 LAST DAY OF SCHOOL</p>	<p>27 Summer Fun and Summer Meals! Kids and Teens Eat Free!</p>  <p>Find Summer Meals:</p>  <p>Text "Food" to 304-304 Visit SummerMealsNY.org Call 211 or 311 (in NYC) or 1-866-3-HUNGRY</p>	<p>28 HAVE A GREAT SUMMER!</p>

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

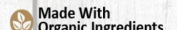
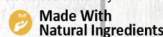
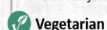
**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Food Service Office
631-912-2172
Reimbursable Lunch \$2.95
Reduced Lunch \$0
Milk \$.75

PLEASE REPORT ALL ALLERGIES TO THE SCHOOL NURSE. Allergy info is updated in our schools system through the Nurse's Office only



Lunch includes protein, grain, vegetable, fruit and milk choice:
FF chocolate, FF white or 1% white.

AVAILABLE DAILY:

Popcorn Chicken, PBJ Sandwich, Turkey Sandwich, Cheese Sandwich, Bagel w/cheesestick, Cereal Lunch. Fruity Parfait offered on Wednesdays.